



FAITH CONNECTIONS ON MENTAL ILLNESS 8TH ANNUAL CONFERENCE

CULTIVATING MENTAL HEALTH

Hope and Healing

**FRIDAY
4.13.18**

8 am – 4:15 pm
St. Thomas More
Catholic Church
940 Carmichael Street
Chapel Hill, NC

The 8th Annual Conference on Faith and Mental Illness *Cultivating Mental Health: Hope and Healing* will focus on how individuals and families can experience hope and healing while living with mental illnesses. Jonathan Benz, Care Coordination Supervisor, NADAP, New York City, New York, will speak first on *Substance Use, Addiction, and the Faith Community*. This session will explore a clinical view of addiction while examining specific challenges and strengths that a spiritual worldview can bring to the subject. Paul Nagy, Assistant Professor of Psychiatry and Behavioral Sciences, Duke University School of Medicine, will then speak on *From*

Stigma to Science: Understanding and Helping Persons with Substance Use Disorders. This presentation will discuss a science-informed understanding of addiction as a complex, but treatable brain disorder.

In the afternoon, Dan Blazer, Professor of Psychiatry and Behavioral Science, Duke University School of Medicine, will give a presentation entitled *Depression in the Elderly: A Personal View*. He will briefly introduce the topic of late life depression, which will be followed by a hypothetical dialogue between a doctor and patient to demonstrate the multi-dimensional aspects of late life depression. The next session, *Speaking into the Silence: Breaking the Stigma of Mental Illness in Faith Communities*, will be led by Angela Whitenhill, Mental Health Initiative Manager, National Benevolent Association, St. Louis, MO. The focus of this presentation will be on the societal shame, stigma, and lack of awareness that keeps faith communities from being a welcoming place for those living with mental illness. The closing session will be led by Mr. Thava Mahadevan, Director of Operations, UNC Center for Excellence in Community Mental Health. His session, *Shop Local: Facing the Mental Health Challenges and Building Innovative Local Solutions*, will describe evidence-based practices such as Assertive Community Treatment Team (ACTT team) and Individual Placement and Support (IPS) employment programs that have a proven track record in the local community.



FAITH CONNECTIONS
ON MENTAL ILLNESS

WakeAHEC
BETTER HEALTHCARE THROUGH EDUCATION

REGISTER ONLINE TODAY! WWW.WAKEAHEC.ORG

Target Audience

Mental health professionals, including psychologists, clinical social workers, licensed professional counselors, marriage and family therapists, pastoral counselors, clergy, substance abuse counselors, school counselors, teachers, school support staff and others interested in this subject

Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Explain various clinical approaches to the treatment of addiction.
- Identify approaches and strategies for promoting recovery in faith communities.
- Discuss the various stages of addiction and recovery.
- Identify disease management approaches to promote recovery from addiction.
- Explain the aging process and how it relates to mental disorders such as depression.
- Develop a personal awareness of the changes occurring in aging individuals.
- Identify the role faith communities have played in stigmatizing mental illness.
- Explain specific educational and practical strategies being used by faith communities to minister to those living with mental illness.
- Recognize the barriers those living with mental illness face when interacting with the larger community.
- Describe specific approaches that have helped people living with mental illness live more successfully in the local community.

Agenda

8:00 am **Registration, Exhibits, Continental Breakfast**

9:00 **Welcome**

9:10 **About Faith Connections on Mental Illness**

9:20 **Substance Use, Addiction, and the Faith Community**

Jonathan Benz, MS, CASAC, MCAP, ICADC, CDWF

Care Coordination Supervisor, NADAP, New York, NY

10:20 **Break/Exhibits**

10:45 **From Stigma to Science: Understanding and Helping Persons with Substance Use Disorders**

Paul Nagy, LPC, LCAS, CCS

Assistant Professor of Psychiatry and Behavioral Sciences, Duke University School of Medicine, Durham, NC

11:45 **Announcements**

12:00 pm **Prayer, Lunch (provided), and Exhibits**

12:45 **Depression in the Elderly: A Personal View**

Dan Blazer, MD, PhD

Professor of Psychiatry and Behavioral Sciences, Duke University School of Medicine, Durham, NC

1:45 **Break/Exhibits**

2:00 **Speaking into the Silence: Breaking the Stigma of Mental Illness in Faith Communities**

Angela Whitenhill, MDiv, LCSW

Mental Health Initiative Manager, National Benevolent Association, St. Louis, MO

3:00 **Break/Exhibits**

3:15 **Shop Local: Facing the Mental Health Challenges and Building Innovative Local Solution**

Thava Mahadevan, MS, LCAS

Director of Operations, UNC Center for Excellence in Community Mental Health, Chapel Hill, NC

4:00 **Closing Words and Prayer**

4:15 pm **Adjourn**

Credit

Category A NC Psychology Credit: This program will provide 5.0 contact hours (Category A) of continuing education for North Carolina Psychologists. Partial credit will not be awarded.

Public School Personnel Renewal Credit (PSPR): Certificates of attendance and credit packets will be provided to participants desiring Public School Personnel Renewal Credit.



This program has been approved for 5.0 contact hour credits (CHC's) by the Division of Child Development and Early Education, North Carolina Department of Health and Human Services

Wake AHEC CEU(s): Wake AHEC will provide .5 CEU to participants upon completion of this activity.

Contact Hours: Wake AHEC will provide up to 5.0 Contact Hours to participants.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Wake AHEC is part of the North Carolina AHEC Program.

Registration Fee

- **Registration Only:** Early Fee – \$35; after March 26, 2018 – \$45. Professional credit not included.
- **Registration and Credit:** Early Fee – \$75; after March 26, 2018 – \$100. Professional credit included.
- Vouchers will be accepted.
- Fee will include certificate of completion.
- Breakfast/break(s)/lunch will be provided.
- ***To assure quality programming and safety for all participants, babies and children may not attend this program.***
- Visit www.wakeahec.org for our Inclement Weather Policy.

Cancellations and Refunds

No refunds will be issued unless we are notified by 5pm, on Monday, April 9, 2018. A \$30 cancellation fee will be deducted from your registration fee if a refund is issued. Refunds will only be issued if you paid the professional credit registration fees. No refunds will be issued if you did not pay for professional credit. Substitutes are encouraged.

ADA Statement

Wake AHEC is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristic protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act (ADA), in order to participate in programs or services, please call us at 919-350-8547. Organizing such resources generally takes 3-4 weeks, so please give us as much notice as possible to make appropriate arrangements.

Questions

Contact Kristen Murphy at 919-350-0464 or krmurphy@wakeahec.org.

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FAITH CONNECTIONS ON MENTAL ILLNESS

The mission of Faith Connections on Mental Illness is to work with all faith communities to advocate for and to support and educate individuals and families who are living with mental illness.

Faith Connections on Mental Illness is a 501(c)(3) nonprofit organization.

Your contribution is tax-deductible to the extent allowed by law.

Please visit our website at www.faithconnectionsmentalillness.org.

Sponsors & Exhibitors

2017 Sponsors

Sustainers (\$500 or more)

Binkley Baptist Church, Chapel Hill; Christ United Methodist Church Mission Committee, Chapel Hill; NAMI Durham; NAMI Orange County; NC Conference of the United Methodist Church; Shared Visions Foundation; St. Matthew's Episcopal Church, Hillsborough; St. Thomas More Catholic Church, Chapel Hill; The Chapel of the Cross Episcopal Church, Chapel Hill; University United Methodist Church, Chapel Hill; Watts Street Baptist Church, Durham

Advocates (\$250 – \$499)

American Endowment Fund; Beth El Synagogue, Durham; Caramore Community, Inc.; Christ United Methodist Church, Chapel Hill; Drs. Stephen and Marcie Hursting; Judea Reform Congregation, Durham; NAMI North Carolina; Jared Resnick; St. Michael the Archangel Catholic Church, Cary; St. Philip's Episcopal Church, Durham; Drs. Hugh Tilson and Jean Harry; University Presbyterian Church, Chapel Hill; Westminster Presbyterian Church, Durham

Friends (\$100 – \$249)

Abundant Joy Center for Women's Ministries; Alliance Behavioral Healthcare; Anonymous (multiple); Blacknall Memorial Presbyterian Church, Durham; Chapel Hill Bible Church; Chapel Hill Friends Meeting; Chapel in the Pines Presbyterian Church, Chapel Hill; Church of God Tabernacle of Prayer, Durham; Church of the Holy Family Episcopal, Chapel Hill; Club Nova Community, Inc.; Fidelity Charitable Gift Fund; First Presbyterian Church, Durham; Freedom House Recovery Center; Healthy Carolinians of Orange County; Josh's Hope Foundation; Kehillah Synagogue, Chapel Hill; Laura C. Kirby; Mt. Carmel Baptist Church, Chapel Hill; NAMI Alamance, Caswell, Rockingham County; Orange United Methodist Church, Chapel Hill; Pullen Memorial Baptist Church, Raleigh; Theology, Medicine, & Culture Initiative at Duke Divinity School; Mary Thomas Tripp; The Community Church of Chapel Hill, Unitarian Universalist; UNC Center for Excellence in Community Mental Health; Union Baptist Church, Durham; United Church of Chapel Hill; University United Methodist Church Women, Chapel Hill; Daniel Weinreb

Exhibitors

Abundant Joy Center for Women's Ministries; Alliance Behavioral Healthcare; Caramore Community, Inc.; Children and Youth with Special Health Care Needs Help Line, NC Health and Human Services; Club Nova Community, Inc.; Faith Connections on Mental Illness; Freedom House Recovery Center; Healthy Carolinians of Orange County; Josh's Hope Foundation; NAMI Durham; NAMI Orange County; Theology, Medicine, & Culture Initiative at Duke Divinity School; UNC Center for Excellence in Community Mental Health; Union Baptist Church, Durham

Your contribution can be made online at bit.ly/donate_FCOMI or mailed to:

Faith Connections on Mental Illness, PO Box 3502, Chapel Hill, NC 27515

Save the Date: April 26, 2018 6:30-8:00 pm

Conversations with Clergy: Mobilizing Mental Health Response

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- **Registration and Credit:** Early Fee – \$75; after March 26, 2018 – \$100. Professional credit included.
Refunds will only be issued if we are notified by 5 pm on April 9, 2018.

All information requested on this form must be completed to be registered for the program. Incomplete forms cannot be processed.

54610km

Dr. Rev. Mr. Ms. Mrs.

(REQUIRED)

First Name MI Last 4 digit PIN # (Four numbers you will remember)

Clinical Specialty Degree(s) (e.g., MD, PharmD, MS, BS)

Home Address City ()

State Zip Home County Home Phone

Employer Job Title

Work Address City ()

State Zip Work Fax Work Phone

Department Preferred E-mail (REQUIRED)

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

PAYMENT OPTIONS Payment of check, credit card or supervisor signature must accompany registration.

- Check enclosed. (Make check payable to Wake AHEC.)
- Corporate Card Personal Card | MasterCard Visa AMEX Discover

Card # Exp. Date

Authorized Signature Name as it appears on card

- Employer will make payment. Supervisor complete below and fax registration to 919-350-0470.

Supervisor's Name Printed Title

Supervisor's Signature Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.

Lunch Selection - Continental breakfast and lunch will be provided.

- Ham & Cheese Turkey Tuna Salad Gluten Free Vegetarian Vegan

Questions? Contact Kristen Murphy at 919-350-0464 or krmurphy@wakeahec.org.

Register Today!

Online: www.wakeahec.org

Fax: 919-350-0470

Mail: Wake AHEC

Attn: Kristen Murphy

3261 Atlantic Avenue Suite 212

Raleigh, NC 27604-1657